

New

INTRO TO EMOTIONAL INTELLIGENCE

Facilitated by Tricia Pritchard

“ By teaching people to tune in to their emotions with intelligence and to expand their circle of caring, we can transform organizations from the inside out and make a positive difference in our world.
(Daniel Goleman, Author, *Emotional Intelligence*)

3-HOUR INTERACTIVE WORKSHOP:

In this engaging workshop, participants will explore the powerful concept of Emotional Intelligence (EI) and how it impacts both self-awareness and relationships. Through real-world examples, participants will gain practical tools for applying EI principles in their personal and professional lives. Examples of empowerment concepts will also be discussed to help participants understand how to use EI to foster growth, resilience, and positive connections.

\$49
per
person
and \$2
registration fee

PICK YOUR DATE & TIME:

- April 15, 2025, 9 AM – Noon
- April 16, 2025, 1 – 4 PM

WHERE:

BC3 Main Campus
Heaton Family Learning Commons
Room 232 (Library)

REGISTER BY APRIL 9:

bc3.edu/empowerment

*Registration is limited.

CONTACT:

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